



The Project

Book Club Discussion Questions

- What is the significance of the title?
- Initially, Sabella and May seem very different. In what ways are they actually similar?
- May doesn't match Sabella's expectations for elderly women. How does May's attitude and life story change Sabella?
- The Project has two cheating storylines. How do you reconcile Sabella's romanticized view of May's relationship with Mr. Peaches versus her anger at Ryan for cheating?
- How did Sabella's experience with May influence her relationship with Ryan? Ted?
- Do you think Kari was motivated to be flirty or have sex with Ryan other than to make his brother jealous? Why or why not?
- The Project was largely set in small-city areas of Fargo, ND, Moorhead, MN, and Detroit Lakes, MN. How do you feel this added to the story? How do you feel these settings influenced the characters? Why does a smaller location make for a great setting vs. having it set in a large, metro area or would it matter?
- In Chapter 10, Ted takes Sabella on a tour around the nursing home to meet or hear about the stories of some of the residents. What impact did this have on Sabella and her views on older adults, if any?
- Did you see the twist coming and what did you think of it?
- How did Sabella transform from the beginning of the book to the end? What lessons did she learn? What lesson(s) do you think the author wants the reader to take away from this novel?
- If you were going to make a sequel to this story, where would you take it and with which characters?
- The author says in her bio that she writes from "two truths and a lie". Which parts of the The Project seemed like it could be the author's personal experience?